



# High School Health Course Curriculum

## Memo

To: Dr. Mary Whitrock, Board of Education  
From: Christine Damm, Vince Propson, Mark Bradley, Megan Plantz  
Date: April 2025  
Re: Health Course Curriculum

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### **Background:**

The Wisconsin Standards for Health Education reflects and expands upon the National Health Education Standards (NHES) (2007) and Wisconsin's Model Academic Standards for Health Education (1997). These standards have been extensively used across the state and nation and served as models for schools and institutions of higher education in Wisconsin. A copy of the [Wisconsin Standards for Health Education](#) are attached for your review.

Additionally, Wisconsin statutes require districts to incorporate the following instruction into their health education curriculum: lifesaving skills (CPR/CCR/AED), human growth and development, shaken baby syndrome, and suicide and prevention intervention. These topics have been woven into eight units that will be taught in this semester long health course. A detailed list of topics associated with each unit can be found in the attached [Health Pacing Guide Template: 9-12](#).

Since 2019, the high school phy-ed department has been accessing a variety of resources from an online curriculum, *Health Education Today*. Our health instructors also access programming resources made available on the Wisconsin Department of Public Instruction's Health Education website.

### **Recommendation:**

A review of health standards and topics by our Human Growth and Development Advisory Team and high school health instructors prompted us to explore other resources for teaching health education. The health instructors, along with Christine Damm- Curriculum Director, and Vince Propson- RHS Assistant Principal, recommend Glencoe Health as our core instructional resource. [Glencoe Health](#) provides high-school students with age-appropriate content that aligns with the National Health Education Standards to help them become health-literate individuals. This research-based program focuses on the development and application of critical knowledge and skills during a crucial period in students' lives. *Glencoe Health* also emphasizes social and

emotional skills while exploring up-to-date information and statistics on timely, relevant topics. A detailed list of unit topics is [linked here](#).

Additionally, our certified health instructors will be leveraging the expertise of our school nurse and local healthcare professionals to provide lifesaving instruction and certification to our students, as well as other health related issues.

**Budgetary Impact:**  
**2022 Glencoe Health, Digital Teacher Center, 5-year subscription**

Price: \$364.20

Quantity: 2

Estimated Total: \$728.40

This quote includes a 5-year subscription for online access for two teachers and will be funded through curriculum operational referendum funding. We would like to have this new resource available for our 2025 Summer School Health course.