



# Health - RASD Pacing Guide: Health

## Curriculum Focus: Health

### Course Title: Health

Semester 1 or Semester 2:		Summer School:	
Topical Unit:	Duration:	Topical Unit:	Duration:
<b>Unit 1</b> <ul style="list-style-type: none"> <li>• Empathy</li> <li>• Self-Esteem</li> <li>• Violence</li> </ul>	Up to 16 days total <ul style="list-style-type: none"> <li>• 8 days</li> <li>• 3 days</li> <li>• 5 days</li> </ul>	<b>Unit 1</b> <ul style="list-style-type: none"> <li>• Empathy</li> <li>• Self-Esteem</li> <li>• Violence</li> </ul>	Up to 5 days total <ul style="list-style-type: none"> <li>• 2 days</li> <li>• 1 day</li> <li>• 2 days</li> </ul>
<b>Unit 2</b> <ul style="list-style-type: none"> <li>• Stress</li> <li>• Depression/Suicide</li> <li>• Mental Disorders</li> </ul>	Up to 15 days total <ul style="list-style-type: none"> <li>• 5 days</li> <li>• 4 days</li> <li>• 6 days</li> </ul>	<b>Unit 2</b> <ul style="list-style-type: none"> <li>• Stress</li> <li>• Depression/Suicide</li> <li>• Mental Disorders</li> </ul>	Up to 4 days total <ul style="list-style-type: none"> <li>• 2 days</li> <li>• 1 day</li> <li>• 1 day</li> </ul>
<b>Unit 3</b> <ul style="list-style-type: none"> <li>• Diseases</li> <li>• Nutrition/Food Labels</li> <li>• Dangerous Decisions</li> </ul>	Up to 16 days total <ul style="list-style-type: none"> <li>• 4 days</li> <li>• 8 days</li> <li>• 4 days</li> </ul>	<b>Unit 3</b> <ul style="list-style-type: none"> <li>• Diseases</li> <li>• Nutrition/Food Labels</li> <li>• Dangerous Decisions</li> </ul>	Up to 5 days total <ul style="list-style-type: none"> <li>• 1 day</li> <li>• 3 days</li> <li>• 1 day</li> </ul>
<b>Unit 4</b> <ul style="list-style-type: none"> <li>• Tobacco</li> <li>• Alcohol</li> <li>• Drugs</li> </ul>	Up to 24 days total <ul style="list-style-type: none"> <li>• 7 days</li> <li>• 8 days</li> <li>• 9 days</li> </ul>	<b>Unit 4</b> <ul style="list-style-type: none"> <li>• Tobacco</li> <li>• Alcohol</li> <li>• Drugs</li> </ul>	Up to 7 days total <ul style="list-style-type: none"> <li>• 1 day</li> <li>• 2 days</li> <li>• 3 days</li> </ul>
<b>Unit 5</b> <ul style="list-style-type: none"> <li>• Human Growth and Development</li> </ul>	Up to 8 days total <ul style="list-style-type: none"> <li>• 8 days</li> </ul>	<b>Unit 5</b> <ul style="list-style-type: none"> <li>• Human Growth and Development</li> </ul>	Up to 2 days total <ul style="list-style-type: none"> <li>• 2 days</li> </ul>
<b>Unit 6</b> <ul style="list-style-type: none"> <li>• First Aid</li> <li>• CPR/AED</li> <li>• Shaken Baby Syndrome</li> </ul>	Up to 6 days total <ul style="list-style-type: none"> <li>• 2 days</li> <li>• 2 days</li> <li>• 2 days</li> </ul>	<b>Unit 6</b> <ul style="list-style-type: none"> <li>• First Aid</li> <li>• CPR/AED</li> <li>• Shaken Baby Syndrome</li> </ul>	Up to 1 day total <ul style="list-style-type: none"> <li>• 1 day</li> <li>• 1 day</li> <li>• 1 day</li> </ul>